

PACKING LIST - 1 WEEK



Clearly label your child's belongings - first and last name!

LAKE IN THE WOODS

The following is suggested for a one week session. These are guidelines for your convenience-adjust to your needs. It is a good idea to send mostly older items since outdoor fun can be hard on clothes. Please assist your camper with packing to help eliminate items arriving at camp that do not belong (cell phones, video games, expensive audio equipment, trendy clothing or expensive jewelry) and items that are prohibited (weapons, tobacco, drugs, alcohol and any other substances that can be used in an illegal manner).



CLOTHING

- 2 pairs of sneakers (required for activities)
- 2 sets of pajamas
- 6-8 T-shirts
- 4-5 pairs of shorts
- 6-8 pairs of underwear
- 6-7 pairs of socks
- 1-2 sweatshirts
- 1 Raincoat (a real one!)



SWIMMING & LAKE FUN

- 2 bathing suits
- 1-2 UV protective/rash guard shirts
- 1 pair of water shoes/sandals
- Sun glasses and hat/visor
- 1-2 beach towels



BEDDING

- 1 twin sheet set (fitted and flat)
- 1 sleeping bag or blanket
- 1 pillow
- 1 pillow case
- 1 Mattress topper (OPTIONAL - must be under 2 in. thick)
- 1 Waterproof Pad (OPTIONAL - if your child might wet the bed)



PROGRAM ITEMS

Please check this year's theme day calendar to see if there are any other items you should pack!



PERSONAL CARE

- 2 bath towels
- 2 washcloths
- Reusable water bottle (labeled)
- Deodorant
- Sunscreen - we recommend 30 spf or higher
- 1 laundry bag w/ name
- Hair care items
- Soap and shampoo
- Toothbrush and toothpaste
- Shower caddy to hold items



MISCELLANEOUS

- Flashlight
- Insect repellent (non aerosol)
- Postcards/ paper & pen/stamps
- Small electric fan
- Small backpack
- Books for leisure reading
- Camera
- White T-Shirt for tie-dye
- Sports equipment



PLEASE LEAVE AT HOME

- Cash
- Cell phones or electronics
- Expensive/irreplaceable items
- Alcohol, tobacco and illicit items